

THE HELMWAY



TO START

Hummus 15

House made hummus, toast points

Balsamic Flatbread 13

Fresh moz, tomato sauce, arugula, balsamic glaze.

Truffle Parm Tots 15

Brussels Sprouts 14

Fried sprouts, old bay aioli.

Grilled Caesar 16

grilled romaine, caesar dressing, parm, focaccia crumbs

The Pell Salad 14

Cranberries, goat cheese, pickled red onions, ginger dressing.

Local Calamari* 18

Fried Pt Judith squid, soy chili dressing.

Lobster Bites 19

Lobster fritter, lemon sauce.

MAINS

Local Burger* 19

BlackBird farms smash burger, bacon jam, lettuce, onion, pepper jack. Served with fries.

The Helmway Chicken Sandwich 18

Honey buffalo slaw. Served with fries.

Butternut Ravioli 19

Brown butter sauce, butternut squash.

Scallops* 28

Local Scallops, bacon, parsnip.

Lobster Roll* 28

Brown butter lobster, slaw. Served with fries.

Blackbird Farms Steak Frites* 34

BlackBird Farms N.Y. Strip, french fries, brussels sprouts.

Local Fish and Grits* 24

Blackened local fish, cheddar grits.

DESSERT

Cinnamon Bread Pudding 11

Raspberry Panna Cotta 12

Vanilla Ice Cream 6

Sides

Fries* 7

Tots* 8

Veggies 8

Add truffle* 4

KIDS

Chicken Tenders* 11

Pasta with butter 9

Kids Burger 12

Thank You to all of our local partners & farms.

BLACKBIRD FARM, RAW SEAFOOD, NEWPORT CRAFT, BULLYBOY DISTILLERS, AND INTERSTELLAR MICROGREENS

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.
** All Room Service Items Will Be Delivered in Sustainable Containers